

Childhood & Adolescent Development I - Childhood & Adolescent Development I Course Syllabus

INSTRUCTOR: Jennifer Armas
ROOM NUMBER: F7
OFFICE HOURS: Not Applicable
E-MAIL:: jkarmas@rocklinusd.org
COURSE PAGE: whs.rocklinusd.org/CTE
ACADEMIC UNITS: 5 units per semester
ACADEMIC CREDIT: Elective Credit

DESCRIPTION - Childhood and Adolescent Development is a Career Technical Education course, which provides students the opportunity to study the physical, cognitive, language, social, and emotional developmental stages of children from conception through adolescence. Students will study topics such as brain development, families and parenting, prenatal development, developmental milestones from birth through adolescence, health and safety issues, guidance and discipline, cultural diversity, child care, education, children with special needs, and career decisions. This course provides a solid foundation for any career that involves working with children. Project ownership requires monetary contribution of \$40.

PURPOSE - Childhood & Adolescent Development is a course in which students learn and apply theoretical knowledge and practical skills in the development, care, and guidance of children including cultural diversity and careers with children. Students study the developmental ages and stages of children throughout the lifespan. Focus is on the emotional, social, cognitive, and physical development and the influence hereditary and environmental factors. Studies also include child growth and development, safety and emergency procedures, nutrition and health practices, positive interaction and guidance techniques, learning theories, and developmentally appropriate practices and curriculum activities.

COURSE OBJECTIVES - By the end of this course, students will be able:

- To develop an awareness of the physical, emotional, social, and cognitive development of young children.
- Learn to create age appropriate activities for children.
- To develop the student's ability to accept himself/ herself as a worthwhile person, through the care, observation and guidance of children.
- To provide students an understanding of prenatal development, birth, and to develop an awareness of the family and the family life cycle.
- To introduce students to the exploration of career paths in child development.

COURSE TOPICS - The course will cover the following topics: Developmental and Psychological Theories and Theorists, Prenatal Development, Families and Parenting, Brain Development and Developmental Milestones (birth-adolescence), Health and Safety Issues, Guidance and Discipline, Cultural Diversity, and Child Care, Education, Children with Special Needs, and Career Decisions.

CAREER AND TECHNICAL EDUCATION (CTE) ELEMENTS - The following information is directly related to this course and its designation as a CTE course on campus:

- INDUSTRY SECTOR: Child Development and Education
- COURSE LEVEL: Introductory
- ADVISORY COMMITTEE: The advisory committee for this course meets annually. Additional meetings are held at the discretion of the instructor and/or district office.
- ARTICULATION INFORMATION: Articulation with Sierra College
- OCCUPATIONS FOR IDENTIFIED PATHWAY: Pathway occupations organized by level of education and training required for workplace entry.
 - High School - After-School Program Supervisor and Family Child Care Supervisor
 - Post-secondary Training - Preschool Teacher and Head Start Teacher
 - College/University - Child Psychologist and Elementary, Secondary, or Post Secondary Teacher

GENERAL: Recorded grades will be available for review at any time on Schoology. Remember to keep all class items returned so that any discrepancies can be easily and fairly straightened out. Except in cases of actual error, semester grades are permanent.

INSTRUCTIONAL SUPPLIES - Students may be required to purchase specific projects if they want to keep them and take them home. The list below provides information for the student regarding items they will be using in this course. Students may want to purchase items on this list if they are very interested in this course and/or pathway. Please see the instructor for specific information regarding supplies.

- Text: Working With Young Children by Judy Herr
- Computer Programs and/or software: Not Applicable
- Supplies: 2-inch 3-ring binder, dividers, binder paper, pens, pencils, highlighter, voluntary contribution of \$30 for classroom projects and activities.

GRADING PLAN - Coursework will be weighted as follows: Participation/Attendance 10%, Homework 15%, Classwork/Quizzes 25%, Projects/Tests 50%

CLASSROOM RULES OF CONDUCT

- Be prepared for class every day and put forth your best effort
- Respect yourself, the teacher, and others
- Pay attention, participate, and ask questions
- Follow directions and stay on task

In general, your ideas, comments, suggestions, questions, grade challenges, and more are welcome. However, your discretion in these matters is expected. Furthermore, no part of your grade will be based on anything other than your coursework and attendance. You are encouraged to take advantage of instructor office hours for help with coursework or anything else connected with the course and your progress.